



## Notification of the Department of Cultural Promotion

Re: Happy Organization Policy of the Department of Cultural Promotion

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Executives, government officials, contractors, employees, and all the personnel of the Department of Cultural Promotion shall have a common intention to promote work happiness of all the personnel and to support all units within the Department of Cultural Promotion to carry out activities to promote organizational health widely and thoroughly. Guidelines for the promotion of the Happy Organization are as follows:

1. Promote the Happy Organization by adopting the concept of the Happy 8 or the 8 aspects of happiness: Happy Body (good health), Happy Heart (beautiful kindness), Happy Relax (relaxation), Happy Money (knowing how to earn, save and spend money), Happy Brain (seeking knowledge), Happy Soul (Morality), Happy Family (good family) and Happy Society (good society), as guidelines for preparing an action plan to enhance the happiness of the personnel;
2. Promote working with concentration and mindfulness by adopting the concept of the MIO (Mindfulness in Organization) or mindfulness psychology which is to apply psychological meditation/mindfulness and brain science for working within the organization, with the pilot active division of the Division of Cultural Promotion Fund, to be assigned to different Offices/Divisions/Sub-Divisions; and
3. Communicate, campaign, promote and motivate the personnel to participate in the activity to co-build the happy organization and a good environment and atmosphere within the organization.

In this regard, it is required that the personnel of the Department of Cultural Promotion practice and engage in accordance with the Happy Organization Policy of the Department of Cultural Promotion to build the personnel's mutual happiness and to bring about a happy organization.

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(Mr. Prasop Kiangngoen)

Director - General of the Department of Cultural Promotion